

Loss & Living: Making Room for Hope

To live in this world
you must be able
to do three things:
to love what is mortal;
to hold it
against your bones knowing
your own life depends on it;
and, when the time comes
to let it go, to let it go.
Mary Oliver



This experiential workshop will explore ways
to let our own grief and loss have their say;
to acknowledge and validate our experiences
so we can receive consolation, find hope
and in so live vitally.

Saturday, March 18th, 2017 1:00 pm – 3:00 pm

STE-GENEVIÈVE UNITED CHURCH

4697 St. John's Blvd., Dollard-des-Ormeaux, QC H9H 2A7

RSVP: DONNA OLINIK
514-626-4795 or sguc@stegennys.org
by March 13, 2017

This event is co-sponsored by:

Montreal City Mission and Ste-Geneviève United Church Bereavement Program